



GOVT. V.Y.T. PG AUTONOMOUS COLLEGE, DURG, CHHATTISGARH

(Erstwhile: Govt. Arts & Science College, Durg)

CPE Phase- III By UGC

Awarded Star College by DBT, New Delhi



INDIAN YOUTH RED CROSS SOCIETY



PROGRAM OFFICER: DR. TARLOCHAN KAUR SANDHU

YOUTH RED CROSS ACTIVITIES : June 2021- May 2022

S.N.	NAME OF THE ACTIVITY	ORGANISING UNIT/ AGENCY/ COLLABORATING AGENCY	YEAR OF THE ACTIVITY	NUMBER OF STUDENTS PARTICIPATED IN SUCH ACTIVITIES
1	Plantation Programme in Village Risama ,Durg	Youth Red Cross Society in association with <i>OXYZONE</i> -an NGO in Durg	20/06/2021	15
2	T.B: Awareness and Prevention ,New India@75 Azadi Ka Amrit Mahotasava – Online Poster Making competition	Youth Red Cross Society & Red Ribbon Club	14/08/2021	6
3	World AIDS Day on 1 st December, Awareness Programmes/Rally, Street Play/poster and slogan writing competitions on the theme <i>End Inequalities. End AIDS</i>	Red Ribbon Club & Youth Red Cross Society	1/12/2021 To 4/12/2021	75
4.	Induction Programme and Invited Guest Lecture/Session on Stress Management by Dr. Prashant Agarwal	Youth Red Cross Society	15/12/2021	70
5.	<i>National Youth Day</i> on 12 th January (Online Webinar)	Youth Red Cross Society & Red Ribbon Club	12/01/2022	35
6.	Rangoli , Essay writing / Poster making & Slogan writing competitions (offline) on the topic ‘Say No To Drugs’	Youth Red Cross Society & Red Ribbon Club & Equal Opportunity Cell	13/01/2022, 14/01/2022	20
7.	World Red Cross Day Essay Writing and Painting Competitions	Youth Red Cross Society & Red Ribbon Club	8/05/2022	10
8.	‘World NO Tobacco Day’ Video-making competition	Youth Red Cross Society & Red Ribbon Club	31/05/2022	10

1. REPORT ON PLANTATION PROGRAMME

Objective: To generate awareness about Environmental conservation

Place: Risama Village- Date:20th June,2021

The volunteers of the Youth Red Cross Society of Govt. VYT PG Autonomous College, Durg in association with Oxyzone, an NGO in Durg took part in plantation programme under the guidance Dr R. N. Singh, the principal of the college and supervision of Dr Tarlochan Kaur Sandhu at village Risama with the support of the village Sarpanch Smt. Geeta Mahajan. Around 32 saplings of different variety like Neem, Mango, Almond, Gulmohar, Jamun, Jackfruit, Ashok and Anwala and others were planted successfully. The volunteers took this initiative during the second wave of Covid 19 Pandemic to generate awareness about environment and protect our ecosystem among the masses. Sushil, Anil, Nilesh, Kantibhushan, Soni Tondre, Srishti Chouhan, Raj Dewangan and Lucky Agrawal of YRC and **Oxyzone** team supported to make this event successful.

Outcome: Successful in creating awareness towards environment and protecting trees.



Professor in Charge

Youth Red Cross



Principal

Plantation Programme at Risama Village during Covid-19 Pandemic



2. REPORT ON T.B: AWARENESS AND PREVENTION PROGRAMME, NEW INDIA@75 AZADI KA AMRIT MAHOTASAVA POSTER MAKING (ONLINE) 14/08/2021

Objective: To raise awareness regarding TB, its symptoms and prevention.

No of participants: 6 Mode: Online

Report-As per the directives of Ministry of Health welfare on the occasion of Azadi ka Amrit Mahotsav@75 India and instructions from the Chhattisgarh AIDS Control Organization, Raipur an online poster making competition was organized by the YRC and RRC to raise awareness about TB , its symptoms and prevention on 14th August 2021.The student participants made posters and were judged on-line by Dr Qamar Talat and Dr Suchitra Gupta.

The winners were awarded certificates.

Result of Poster making competition:

Mridula Choubey -M. Com II

Zainab Khatun- B.A.III

Kiran Ratre – M.Com. II

Mansi Yadu -B. Sc. III

Prerana Sharma -B. A. III

Prishita Tamrakar -- B. A. I



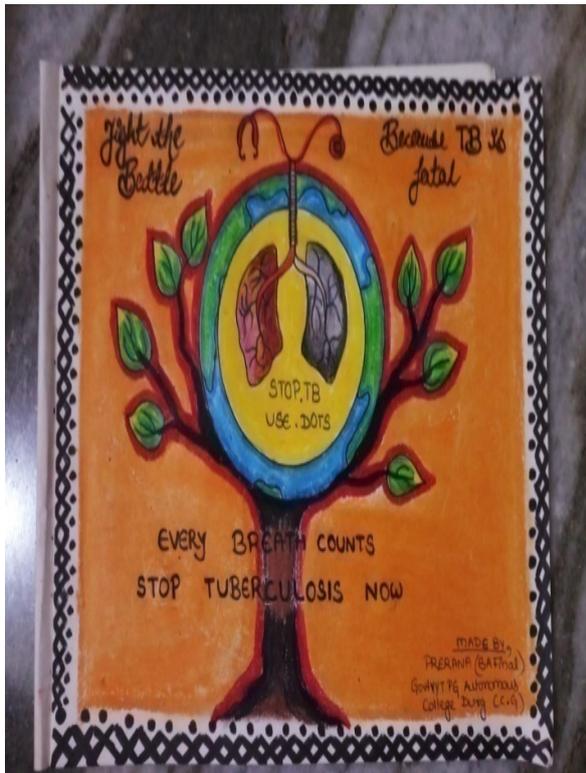
Professor in Charge

Youth Red Cross



Principal

POSTER MAKING (ONLINE) COMPETITION



**3. REPORT: AWARENESS RALLY AND STREET PLAY ON WORLD AIDS DAY-
1ST DECEMBER 2021**

Objective: To generate awareness about the Spread and Prevention of HIV/AIDS

No of participants: 75

The Youth Red Cross Society in association with the Ribbon Club, the NSS and department of MSW of the college organized a huge rally on **1st Dec,2021** to observe **World AIDS Day**. This year the theme of World AIDS Day was '**End Inequalities.End Aids**'. The aim was to generate awareness about the spread and prevention of HIV/AIDS. The volunteers of the YRC and MSW performed street play on the theme-'**Role of Youth in Prevention of HIV/AIDS**' within the campus and then the rally was flagged off by the principal Dr R.N. Singh. The volunteers were mentored by the program officers of all the units viz; Dr Tarlochan Kaur Sandhu, Dr Meena Maan , Dr Anshumala Chandangar and Dr Nisha Goswami along with the senior volunteers of YRC. The volunteers also displayed slogans , banners and placards as the rally progressed out of the campus. Later the students also participated in the Poster making,slogan writing and essay writing competition. The winners were felicitated with certificates and prizes.



Professor in Charge

Youth Red Cross



Principal

AWARENESS RALLY AND STREET PLAY ON WORLD AIDS DAY



GE Rd, Deepak Nagar, Titurdiha, Chhattisgarh 491001, India

Latitude
21.19475595°

Longitude
81.29745483°

Local 11:31:12 AM
GMT 06:01:12 AM

Altitude 225.54 meters
Wednesday, 01-12-2021



vivo V20 Pro



GE Rd, Deepak Nagar, Titurdiha, Chhattisgarh 491001, India

Latitude
21.19557773°

Longitude
81.29746921°

Local 11:22:28 AM
GMT 05:52:28 AM

Altitude 233.74 meters
Wednesday, 01-12-2021

Posters and Slogans to generate awareness towards AIDS and its Prevention



4. Report on Stress Management Session

Objective: To understand and learn to manage stress in life.

15th December,2021

No. of Participants: 70

The Youth Red Cross Society of Govt. VYT PG Autonomous College ,Durg organized a session on **Stress Management** on **15th December,2021** in the Vivekananda Seminar Hall. The invited guest speaker on the occasion was Dr. Prashant Agrawal, MBBS ,MD in Neuro-Psychiatry and consultant at J.L.N.Hospital,Sector-9,Bhilai.The session was presided by Dr. R.N.Singh, the Principal of the college and Dr. M.A.Siddiqui were the special guests on the occasion. Dr. Prashant Agrawal addressed the causes and kinds of stress which the youth usually come across. Through his presentation he discussed the ways to avoid stress and lead a healthy life. The students interacted during the session and asked various questions related to stress management.

Outcome: The students felt relieved after the session and decided to avoid undue stress which spoils their healthy life style.



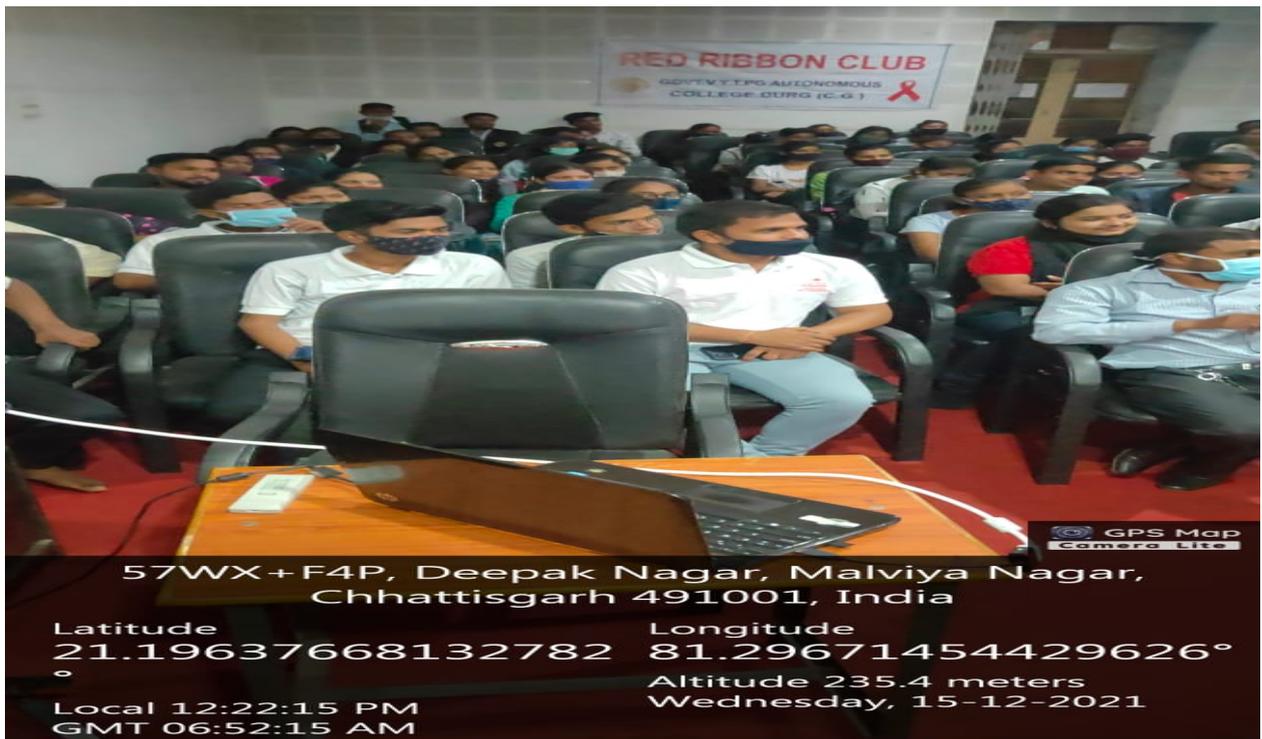
Professor in Charge

Youth Red Cross



Principal

Dr.Prashant Agarwal addressing the students on Stress Management



5. **Report on National Youth Day Celebration (Online Webinar)**

Date: 12/01/2022

No. of Participants: 35

The YRC and RRC of the college organized an online webinar on the occasion of commemorating and celebrating **National Youth Day on 12th January, 2022**. The guest speaker on the occasion was Dr. Nisha Goswami, from the department of MSW of the college. As per the directives from the Chhattisgarh State AIDS Control Samiti, Raipur and Durg District IRCS, the talk was based on the hazards of drugs and their consumption, causes of HIV-AIDS and its prevention. Dr. Nisha discussed about the causes of HIV and AIDS disease, stigma and preventive measures. She also talked elaborately on the various types of drugs and the role of youth in generating awareness against the harmful effects of smoking and addiction of other forms of drugs. The participants raised their queries and interacted actively in the webinar. The event was successfully conducted by the convener and prof-in-charge of the YRC and RRC. Mukesh Dilliwar, the associate convener provided whole hearted support in making the webinar successful. He also extended a vote of thanks.

Outcome: The Students were acquainted with various types of drugs, their ill-effects and the measures of de-addiction. They also understood the difference between the HIV and AIDS, causes and its prevention.

GOVT. V.Y.T. PG AUTONOMOUS COLLEGE, DURG

NAAC ACCREDITED "A+":CPE PHASE-III(UGC NEWDELHI):

CENTRE OF EXCELLENCE IN SCIENCE

Website-www.govtsciencecollegedurg.ac.in

Email-pprincipi2010@gmail.com

CELEBRATING NATIONAL YOUTH DAY

on

12th January 2022 (Online Mode)

Orientation & Sensitization Program

On

"HIV/AIDS & DE-ADDICTION"

at 2.00pm to 3.00pm

ORGANIZED BY

YOUTH RED CROSS & RED RIBBON CLUB

Resource Person

Dr. Nisha Goswami

(Psychologist & Psychotherapist)

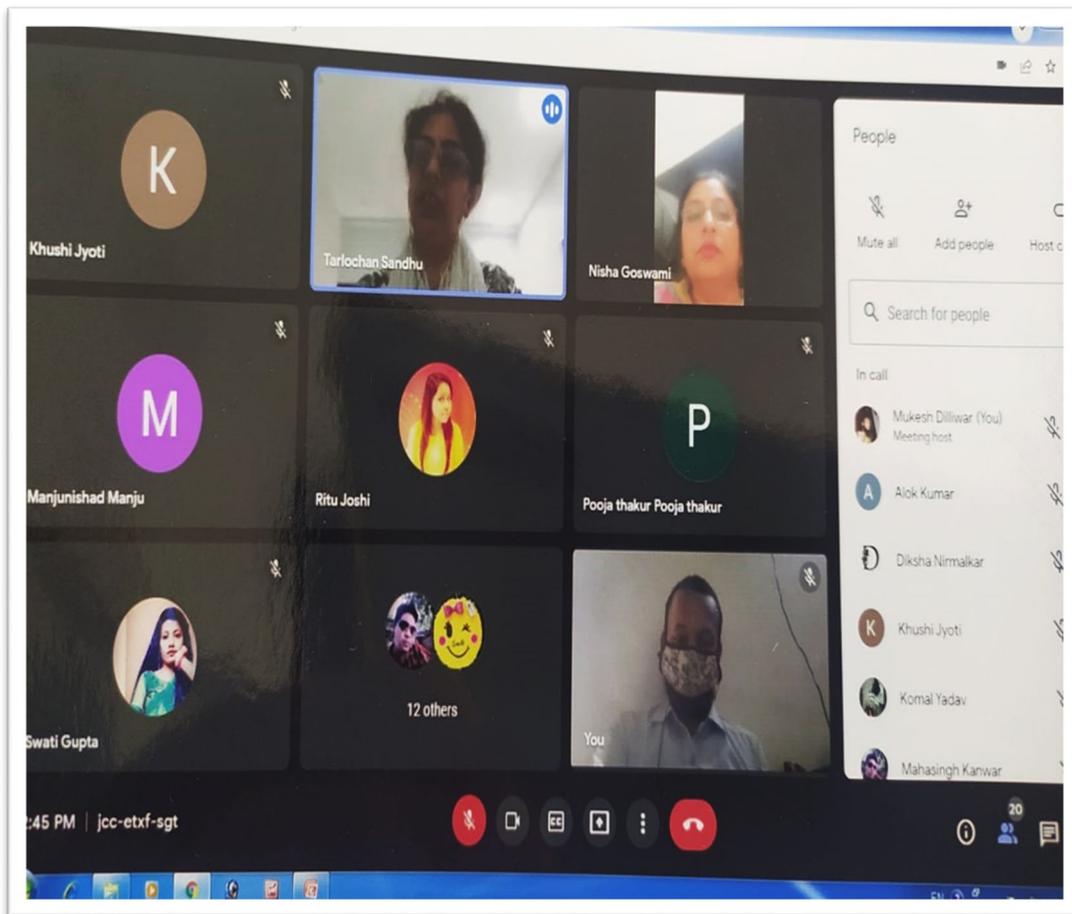
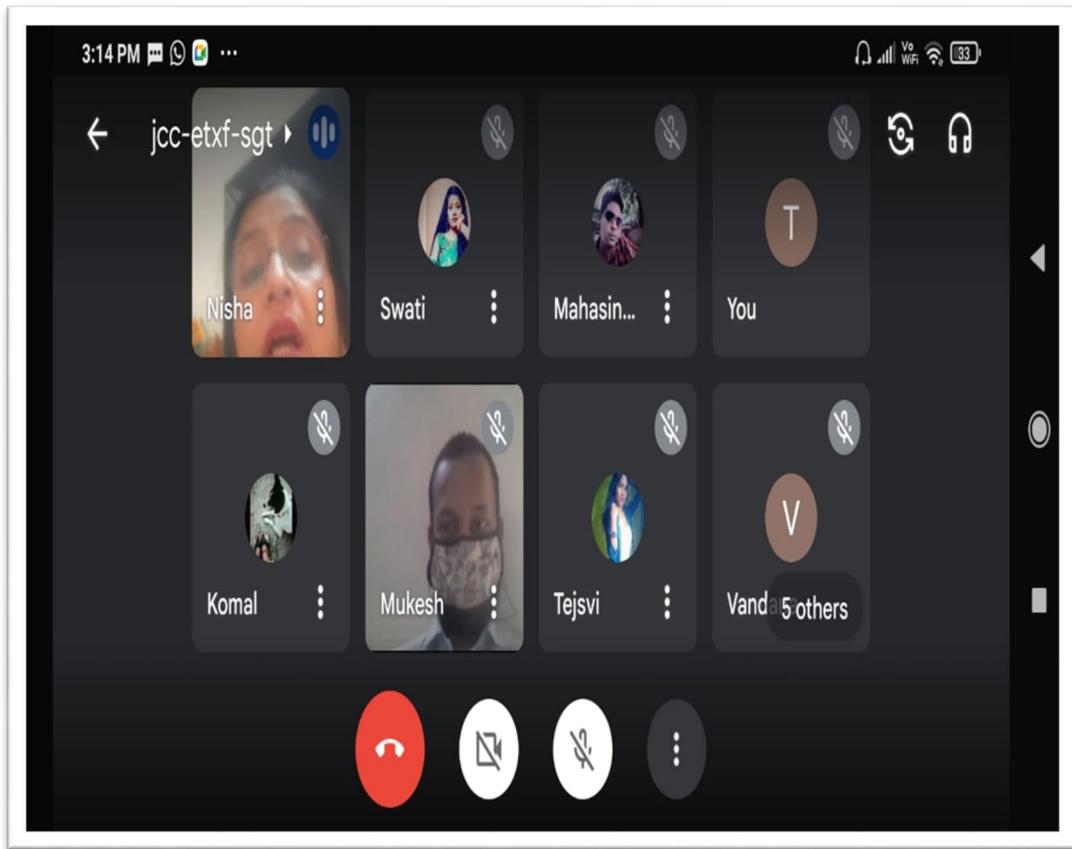
Patron & Principal

Dr. R.N. Singh

Conveners

Dr. Tarlochan Kaur Sandhu

Mukesh Dilliwar



6. REPORT on Rangoli, Essay writing/Poster making & Slogan writing competitions (offline) on the topic 'Say No To Drugs'

Objective: To provide opportunity to the youth to unite and create awareness in the society to fight against consumption of Drugs.

The Youth Red Cross Society and Red Ribbon Club jointly organized the following competitions virtually as per the directives of the Chhattisgarh State AIDS Control Organization, Raipur to observe and celebrate **National Youth Day on 12th January 2021.**

The topic for the competition was **Say NO To Drugs** given to the students who participated in the Rangoli competitions organized in the month of January, 2022. The students also participated in poster making, slogan writing and essay writing competitions which were judged and later the winners were felicitated with Certificates and Mementos by the Principal Dr. R.N.Singh and Prof-in-Charge of the programme.



Professor in Charge

Youth Red Cross



Principal

Posters and Slogans 'Say NO to Drugs'





7. REPORT ON WORLD RED CROSS DAY

8th May,2022

Objective: To celebrate the theme #BeHumanKind and promote the spirit of the kindness.

No. of participants:15

On 8th May 2022, the World Red Cross Day was observed and celebrated by the YRC volunteers as the year 2022 brought hope despite the crises after Covid-19 Pandemic, climatic changes and rising differences. The act of kindness whether big or small makes a huge difference in the lives of people. With this aim the volunteers of the YRC of the college promote and encourage the spirit of kindness by serving the needy, donating blood to save lives and rendering voluntary services whenever called upon to do so. Keeping the theme of the year the students raised awareness through slogans and by participating in essay writing and poster painting competitions. Their efforts were appreciated by the principal Dr. R. N. Singh and the program officer Dr. Tarlochan Kaur Sandhu. The winners were awarded with certificates and mementoes.

Outcome: All the Youth Red Cross Volunteers are fully trained and are wholeheartedly serving the communities and spreading the spirit of kindness.



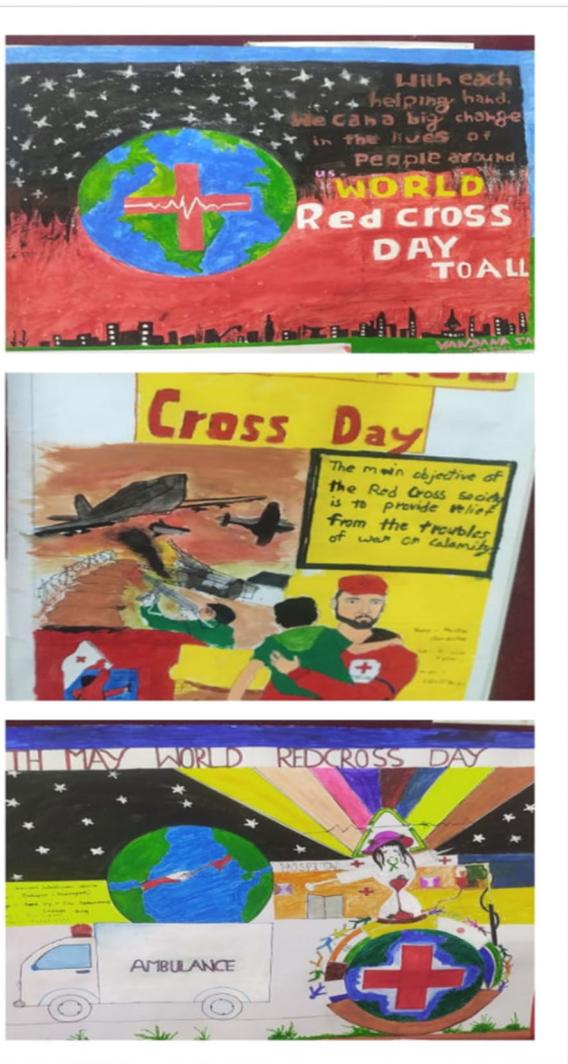
Professor in Charge

Youth Red Cross



Principal

CELEBRATING WORLD RED CROSS DAY AND PRIZE DISTRIBUTION EVENT



8. REPORT ON 'WORLD NO TOBACCO DAY'

Objective: To observe World No Tobacco Day on 31st May,2022

No. of participants:10 Mode: Online

Every year on **31st May** The World Health Organization(WHO) and Global Partner observe **World No Tobacco Day** to raise awareness on the harmful and deadly effects of tobacco use and smoking. The day is observed to discourage the use of tobacco in any form. This year the theme is ***Tobacco: Threat to our environment.*** In this regard and as per the instructions of the Higher Education, State Government, the volunteers of the YRC observed and took pledge that he/she shall never smoke and consume any type of tobacco products and also motivate on the occasion family and friends to say **No** to any use or consumption of tobacco on **World No Tobacco Day on 31st May 2022.**The volunteers promoted the hazards of tobacco and its consumption by participating in video-making competition. Aalok Prajapati, Omprakash Sahu, Nikhil Sahu, Muskaan, Praveen Kumar Sao participated in this competition. The participants were appreciated and felicitated by the Pro- in-charge of the YRC.



Professor in Charge

Youth Red Cross



Principal

ONLINE VIDEO MAKING COMPETITION

